

FrequenSea

Success Stories

The body is a self-healing mechanism. It is designed to heal. What happens when you cut your finger? Without any conscious effort, it mends and heals . . . I believe that all other conditions in our bodies will heal, given the proper raw materials.

With the plethora of success stories coming across my desk lately, it seems clear to me that FrequenSea with Marine Phytoplankton is providing raw materials for many, the likes of which we've never seen before! Read on . . . see what you think! -Lorene

The contents of this document have been collected and assembled without editorializing any of them – They are in the words of the writer, without attention to grammar or spelling. I felt it was important to maintain the 'rawness' of their story.

ACID REFLUX

I thought I'd tell you how Frequensea has helped me. I have had severe acid reflux for about 3 ½ years now. I tried a lot of natural health products and then my doctor told me to take Mylanta which helped so much. I was on it too long, about 1 year. My doctor said that was too long to be taking Mylanta and gave me 2 prescriptions to take together everyday. He gave me Prilosec and also prescription strength pepcid. These did help but I knew it wasn't solving the problem just masking it. There were times when I had Mexican or Italian food that I had to also take Mylanta again. I stopped the Prilosec and Pepcid and just suffered with the acid reflux. Well I have been taking frequensea for 2 months and noticed I haven't been bothered with acid reflux **at all**. In fact we had Mexican food 3 times last month and Italian at the Olive Garden this week and absolutely **no acid reflux**.

-Anonymous

ALLERGIES

My friends, Eric and Jasmine, started taking FrequenSea in May 2006. Both of them had allergies. Eric suffered moderately, but Jasmine's allergy symptoms were very bad. After taking FrequenSea for only one week, both of them are symptom free ... no more allergies! They are FrequenSea "lifers" now. They won't be without it. It's the first thing that goes into their suitcases when they travel.

-LS

ANEMIA

12.06.05

I went to the doctor to have my cholesterol and my iron checked yesterday. When I got in this morning the PA had left me a message with the results.

I have been taking the FrequenSea since mid October. I had gone for my annual physical and was told I was anemic (low iron) and that my cholesterol was out of control. They couldn't give me an LDL reading because my tricyclerides were so high. She recommended that I take iron supplements and Tricor (cholesterol medicine).

Paul [husband] and I decided to just try the FrequenSea until my follow up, which was yesterday. Here are the results:

The anemia is gone! My iron stores are still a bit low but they have improved. My LDL was 84 (less than 100 is good), HDL went from 23 to 36 (40 is good, but I improved greatly), and my tricyclerides went from 510 to 377 (less than 150 is good, medication is recommended at 500, so it was also greatly improved).

I have been taking 2 ounces a day. I plan to continue that course. She said that she didn't need to see me until my physical next year.

-Terri

ARTHRITIS

In 2004 I began to experience a lot of joint swelling in my hands, shoulders, knees and ankles. That pain would simply jump around in my body without warning and I kept going to the doctor who concluded I had either strained a muscle or had a torn rotator cup. Eventually after CATS and MRIs showed no problems the doctor gave me a blood test and when it came back she said that I had Lupus.

I was prescribed a series of medications that made me very ill. After researching more about lupus it occurred to me that I needed to find a doctor that specialized in autoimmune deficiencies. I found a doctor who specialized in autoimmune diseases and after a series of blood test this doctor told me I had RA, Rheumatoid Arthritis. She said that my RA factors were over 200 and started me on a methotrexate, and other RA combo drugs including, prednisone, cortisone shots and painkillers.

I eventually ended up switching to other RA drugs and weekly injections of Enbrel shots. I was constantly praying for something natural I could take that would cure this horrible and unforgiving disease. My doctor insisted that there was no cure for RA and that I needed to accept the fact that I would be on medication for the rest of my life, that RA was not reversible. The side effects of the medications were at times unbearable.

A friend of mine who at one time had stage four pancreatic cancer introduced me to Marine Phytoplankton and suggested that I talk to a friend of hers for more information. It was suggested that I began with 1 1/2 oz of Marine Phytoplankton a day and after 30 days I should see some change in my body.

After being on so many over the counter drugs and prescribed medications I was a bit reluctant but decided to try it 3 days after purchasing it. After all, I really had nothing to lose. Within the first half hour of taking the Marine Phytoplankton I felt. The swelling had left my hands, completely (this is where the RA had settled). Each day I continued to take 1 1/2 oz of the Marine Phytoplankton and I have not looked back.

It has only been 30 days and I have not taken any medications for arthritis. I have been pain free and I have not had any joint swelling. This is truly a miracle for me and it is what I have been looking for. I am recommending it to everyone I know that has RA. I believe that Marine Phytoplankton is the all-natural product that is healing my body from the inside out. You must give it a try.

-T. W.

After taking Marine Phytoplankton for only 2 1/2 weeks, my mom noticed a significant change in her arthritis pain. She also has very bad arthritis in her knee and has walked with a cane for quite awhile. She has not used her cane since her first month of using Marine Phytoplankton. As an added bonus, her blood sugar has dropped 20+ points!

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Even after indulging in all the holiday party foods! This product has definitely been a blessing in disguise for her.
-J.

BLOOD PRESSURE

In talking with a friend of mine the other day, he shared how impressed he is with the fact that his Blood Pressure is down – without the use of medication – and in his words ‘the only thing different that I’ve done is add in this here FrequenSea stuff’!

Here are the particulars:

Fred is 59 years old and was put on blood pressure medication a couple of years ago for ‘unruly’ blood pressure readings. Even *with* the medication, his blood pressure was still elevated. The first of October (2 months ago) he decided to try FrequenSea, and at the same time decided he’d do without his medication to see what would happen.

(NOTE: If you have started a medication at the recommendation of a medical professional, please consult them about going OFF the medication.)

In any case, he started on 2 oz. of FrequenSea daily, and upon having his blood pressure read a couple of days ago, it was 110/72. Perfect, according to the nurse. Lower than he had been able to get it WITH medication! Hmmm . . .

Congratulations Fred!

Just to be clear . . . The body is a miraculous self-healing mechanism. It’s designed to heal itself. It takes inordinate measures to reduce risks and health challenges that might otherwise kill us! Did you have to give any conscious thought to the last cut you had on your hand, to get it to heal? No, it healed without you even having to think about it! The innate intelligence of our body is a miraculous! Often times its not able to do its job at 100% because we haven’t given it the raw materials to work with! That’s where FrequenSea comes in. . .

Edifying the body with a complete Whole-Food whole-body tonic like FrequenSea can empower the body like nothing else I’ve seen in the nutritional world I’ve studied intensely for the last 29 years.

This is a story from my mother-in-law who is going to be 84 in March. Mom is very proud to announce that she finally has normal blood pressure. Her energy is great as she still works part-time as a book keeper. She has a great companionship with a man and they are active members in their American Legion Post. All of this on half ounce a day!! She states” It took a while, but it works”. She has now agreed to take a full shot everyday. We gave her a spa foot bath and Seasonal Spa Salts for Christmas. I am happy to report she no longer has any restless legs at night and is sleeping well. She uses it everyday for 20 minutes. I am excited to see what we can create as she has now started the liver cleanse. Her companion contacted me and he wants what she has and is now a distributor under Mom! My guess is that the FrequenSea of their American Legion Post is about to be Raised.

-Kathleen

BROKEN BONES

In 2003 I broke my arm. I was given 3 casts in the time it took to heal. Each time the cast caused much pain, because I don’t think the cast was put on correctly. After the final cast was removed, I had constant pain in the arm. I could not rotate my hand the way I could rotate the arm that had not been broken.

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I started on FrequenSea in August of 2005. Within the first week the pain disappeared and has not returned. I can now rotate my hand fully.

Thank you Ron Williams, ForeverGreen and Tom Harper.

-Una Fester

CANCER

I have had 3 different types of cancer.

1. Mesothelioma - Diagnosed in May of 1989; No cancer treatments would help to shrink the lining of the lung. Prognosis: incurable; life expectancy - 2 years A lot of prayers, along with a multitude of very costly vitamins and a gallon of bitter taheebo tea daily. February 1991 - no cancer showing in blood test and x-rays showed lung had returned almost to normal.

2. Prostate- Diagnosed in December 2000, because of high PSA.

Prognosis: Stage 3.5; without surgery 2 - 3 years Treatment: removal of prostate and lymph nodes 2 weeks after surgery, blood test - clear

3. Non-Small Cell Carcinoma - Found a mass on yearly medical exam x-ray. Many test later in March 2004 the mass was Diagnosed and it was also discovered that I had a large mass in the lymph node between the two lungs in the sac holding the heart and lungs.

Prognosis: incurable because it had metastasized to the lymph node. 7 or 8 months at best. May get another 1 to 2 years with radical amounts of Chemo and radiation. Treatments ran from August 9th to December 13, 2004 everyday for 5 - 6 days each week. I had no appetite, was exhausted, forgetful, skeleton skinny at 116 pounds and scared to go out for fear of catching the flu that was going around. I did get pneumonia 3 times from April to November 2005. During all this my wife, family and friends thought I would be dead by Xmas as I was sleeping most of the time because of extreme weakness.

My wife's friend had sent an email to her about Marine Phytoplankton around the first week in November, but due to her worry she never took the time to go to the websites. Finally our friend called my wife and us and I listened to "Another Day" and read other testimonials.

I started on it about the first week in December and within a few days my wife noticed that the grey paler parts of my skin were being replaced with a rosier glow, and the twinkle was back in my eyes. I noticed that I was not sleeping through the day anymore, and that I had more energy. The next few days my appetite returned and I was eating 3 meals a day and snacking in between. I started to gain weight again.

Today February 16th, 2006 I went for my check up at the Cancer Clinic were my blood work was a-okay, my x-ray clear and the Doctor could not hear any rattling in my lungs. I am now 134 pounds and feel fit as a fiddle.

Thank God for Marine Phytoplankton.

-K. F.

Here is the information on my friend Laura:

Laura is 76 years old. About three weeks ago she underwent surgery for a bowel obstruction. It turned out to be cancer with metastasis to the liver and kidneys. She did not do well after surgery and for about a week and a half after surgery refused food or drink. The doctors told her daughter that she would not go home and her daughter had begun to look at the possibility of Laura going to a hospice facility.

Laura had ordered a bottle of Marine Phytoplankton but never got around to trying it. I encouraged our friends

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to go get it from her home and give it to her in sips, even if she just sipped on an ounce all day just get it in her system. Well, she drank the whole ounce at a time and they began to give her an ounce a day.

After three days she was alert and eating, taking care of her own bath and has now been moved to the rehabilitation floor. They are continuing to give her an ounce a day, however when her new order comes in it will be increased to two ounces a day.

I am so very much encouraged. I talk to her everyday and now she is talking about coming to Dallas for a visit when she recovers. I will keep you posted.

-J. C.

On September 4th a new client came to see me, to use my sauna. She had had her uterus removed because of cancer, and when they tried to give her chemotherapy she had a heart attack.

After all of this was over, she developed cancer of the bladder. The doctors told her that there was nothing they could do for her and to basically curl up and die. Her C-count at this point was 500. (normal is 35)

I immediately got her on to FrequenSea.. Within the first week she said she was feeling so much more positive, and that she felt she could beat the cancer.

6 weeks after starting with FrequenSea, she went to a second doctor for a second opinion. Her blood count was 38. The doctor said the equipment was faulty!

At this point she told me that for the first time, she actually forgot she was sick as she was feeling no pain!

A week later she went back to her own doctor. Her blood count was 33 and the tumour had shrunk by 30%!.

Her hair has grown, her colour has improved, she feels very good!

Thank you Ron Williams, ForeverGreen and Tom Harper

-Una Fester

I have a rare cancer, called Characinoid Tumor, I was diagnosed on 10/31/03, at 40, mother of three, my youngest now almost three, I have been facing the unthinkable early death. There is no known cure for Characinoid, it is managed by being surgically removed and then attempts are made to stabilize existing tumors or new tumor growth by an injected drug that has been developed to "fence the disease in" thus buying time for the patient.

On December 8th, 2003, I had a major nine hour surgery at The Mayo Clinic in Rochester MN, successfully removing 98% of the tumors. I was left with a tumor in my spleen and one on my lung.

Nine months later I was begun on the 30 mg. injection to try to keep the cancer from growing.

In the past 22 months, I have returned to The Mayo, every twelve weeks for CT scans and blood and urine tests. I have been seen to develop seven new tumors to my liver, giving me a total of nine known tumors total.

On October 4th, just 30 days ago, I took my first ounce of the "mermaid drink" as I fondly call it, [FrequenSea]. I have taken four tablespoons or 2 ounces per day; one on an empty stomach in the morning and one before bed, I have not missed a single dose.

Beside sleeping better, feeling better and looking better, I have just returned from my three day trip to The Mayo Clinic where I had a CT scan to monitor the seven spots on my liver, so that it could be decided if I should undergo RFA or Radio Frequency Ablation, a surgical technique to remove these tumors from my liver. This is what happened instead. My husband and I sat in total disbelief as we were told that there are no tumors on my liver, and the tumor in my spleen has also vanished!!!! Eight out of nine tumors are GONE!

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I have never written a testimonial in my life, but at this point, I feel it is my responsibility to do so. Is my Sandostatin injection the sole reason for this miracle?, I doubt it, since I have managed to develop seven new tumors in spite of it, and research shows that the injection to act mainly as a band aid, and NOT a cure.

Have I just been blessed?

Yes, because in my opinion, The Mermaid drink was divinely inspired, and it seems about as clear as my CT scans, that the answer is YES! In writing this I hope you and your family will find the healing you are hoping for, or at the very least, will become healthier and feel better while you're looking. Cheers,

-Carrie

CHRONIC FATIGUE

My son, a computer programmer, who writes programs for huge companies, was diagnosed with Chronic Fatigue in December of 2004. His condition was so bad that he could not even put a sentence together. He would repeat himself because he could not remember what he had said 5 minutes earlier. He forgot all his computer languages. He could not work and was on Disability Insurance . He could not walk up one flight of stairs in his house. He had to pull himself up by the banister, and could not breathe by the time he reached the top. He could not drive. He was sleeping 18 hours a night, and when he was "awake", he fell asleep on the couch. He was rarely without a cold --- often having had to take to his bed..

The doctors sent him for every test in the book, and at the end told him he had Chronic Fatigue and to "rest" How much more could he rest?

When FrequenSea became available in August of 2005, he started taking it immediately. FrequenSea is what turned him around. It has taken a while, because all his systems had shut down, but he is now able to work. His memory has returned. He hasn't had a cold since taking FrequenSea.. He has been able to take his two young daughters (7 and 9) tubing in the snow up the mountain for as long as 4 hours at a time.

Needless to say, he will not be without FrequenSea. for one day!

Thank you Ron Williams, ForeverGreen and Tom Harper!

-Una Fester

CHRONIC PAIN

Hi Lorene, My frequensea experience started almost 1 year ago. On Feb 25th 2006 I picked up my first 1x4 order of Frequensea and went home and started it that night. I took the recommended 1/2 oz. so as not to overwhelm my body with detox issues. I didn't have any symptoms of detox so the night after that I began 1 oz nightly. I am now taking a 3 oz dose nightly. I feel GREAT. Before taking Frequensea I had a SEVER craving for ice cream, with in 1 week the craving was gone. I also had pain 24/7. Some days it was so bad that I had to RX pain pills to ease the pain so I could sleep. I use to take the pain pills any where from 2x daily to 2 or 3 times a week, it all depended on how bad it was and / or when I had to work. I drive a city bus. I now can say I don't remember when I took the last RX pain pill. These are only 2 of the many things that have changed in my health since starting Frequensea. I say THANK YOU SO MUCH FOR FREQUENSEA!!! It is an answer to my prayers. Naturally Grateful,

-Christine

CYSTS

I just wanted to share an unexpected success story...I have had a ganglion cyst (tangled up nerves, as I understand the condition - resulting in a visibly large and sometimes painful lump in my wrist) for over 2 years. Typically, the only way to "treat" this condition is to have it surgically removed, which can result in severe complications (eg: loss of hand function).

At Dana's EO training in October, I asked him what to use for it and he suggested Helichrysum and Lemongrass oil neat - but I have not had the chance to purchase either yet. The ONLY thing I have done is take the FrequenSea, do the liver cleanse, and have occasionally used other oils (Lavender, Fysical TheraP, Spice of Life) but not directly on the cyst, and not for the purpose of treating it.

I have only been taking FrequenSea and doing the liver cleanse for about 2 & 1/2 months, and yesterday I noticed that my wrist looked different. It took me a minute to realize what was so different, but when I did, I was AMAZED - the cyst is literally HALF the size that it used to be! Everyday I am excited to discover what other health "miracles" these wonderful products will help my body achieve!

-Kim W.

I have another good experience that it can only be from the Frequensea. This one is a little more embarrassing for me. I have had 2 cysts on the wall of my vagina that my GYN doctor has told me not to worry about. It has been there for years and she checks it often. Recently with all my urinary infections I had to see my GYN doctor and I have found out that the cysts are so much smaller. They were only about the size of an eraser of a pencil to begin with so I am so happy they are going away. I use to get cysts on my ovarys so I am prone to having them. Great news to share!

-Anonymous

DIABETES

Thought you might enjoy this testimonial.....this woman is a friend of 40 years. The only oversite she made as she wrote her experience was that she didn't state a weight LOSS OF 12 lbs! Now that's a wow!

Just to let you know, I started to take Frequensea on August 25th, 2005 - my diabetic counts were 12.3; 11.3; 11.9, etc. (they should be between 3 and I was on 5 Medformin a day plus 1 Actos. After the second day of taking FrequenSea my counts were 8.2; 7.5 and at lunch I was 5.2 (wow) and 8.3 at midnight. These counts have continued to go down and as of the 31st of August I stopped taking the Actos and 2 Medformin.

Also I went off my blood pressure pills, niacin for my cholesterol (I won't know what my cholesterol will be until next month) and my blood pressure counts are between 116 and 120 (because of the Frequensea my energy level is so good that I am able to swim for 30 to 35 minutes non-stop 3 to 4 times a week).

I saw my Dr. on September 9th and asked if she had heard of Frequensea and she said (yes) - told her my story and she was OK with it - except she asked me to take one more Medformin a day. So I take 2 in the morning and 2 at supper. This is because I am overweight - as I lose weight I will come off the zpills.

In addition changes I have noticed are: way more energy - I am not depressed any more - I have color in my face and at my age (66) I was also having little urine accidents which I no longer have - my feet are not longer swelling - I am just a happy camper - I love this stuff! (I am taking 1/2 ounce of Frequensea breakfast and supper).

As of September 25th my counts are between 6.3 and 7.4.

-Elsie

My wife is diabetic and after she got breast cancer we hit some hard times and could not afford her medication. Her sugar count went to 318, which is high. I told my sister about this, and she had a bottle of Marine Phytoplankton. She stated that Marine Phytoplankton has been known to lower sugar count for diabetics. I picked up the bottle and gave Juanita one ounce that evening. The very next morning her count had dropped 88 points.

I told a friend about Juanita's experience with Marine Phytoplankton and had him try it. His sugar count dropped 103 points the next day.

We kept track of Juanita's a.m. and p.m. tests for two weeks... up and down, up and down but the highs were not as high and lows were lower. After 10 days the lows were in the 120's & highs were 212 to 250. Her Dr. started her on penicillin shots so she stopped taking Marine Phytoplankton.

Her sugar count went up, and then up some more until one night it hit 382. I told her flat out that she was going to take Marine Phytoplankton with her. First night she had a 142-point drop. Three days later her readings were in the 170s and going down little by little.

Sincerely,

-K. W.

HAIR

This is a simple and yet significant example of how profoundly FrequenSea with Marine Phytoplankton can affect the body. Our bodies truly are self-healing mechanisms, seeking to self-repair when they have the raw ingredients to do so. Thank you to Sharon M. for sharing the following:

Our daughter is also taking FrequenSea. She was really stressed, and her hair was falling out by the handfuls. Thank goodness she had thick hair. She's been taking the product for about 3 weeks and she hardly has any hair loss now. Her hairdresser remarked today that her hair seems a lot healthier than it did just a couple of weeks ago. Her 3 year old also takes it. He really likes it, so I had to tell him, "Just one to a customer" Now, he goes to the refrigerator and takes the bottle out and asks, "Can I have my customer, Grandma?"

Oh, the hairdresser was so impressed, she asked Rebecca what she was doing for her hair. We explained it to her, and I related a little of the history behind the product and she is very interested in telling her mother (who has breast cancer) about it.

So, I am sending one of the CDs over to her (the hairdresser).

My partner has suffered from chronic dandruff for years needing to wash his hair daily with anti-dandruff shampoos, and after taking Marine Phytoplankton daily for 2 days he noticed that his dandruff was almost gone, now after 6 days good-bye dandruff!!

This product is great!

-A.

I have been using Marine Phytoplankton for 1-1/2 months now. My wife noticed in the second week that I was growing hair in my bald spot (a lot of it!) The gal that cuts my hair also asked if I had changed conditioner and I said "no" and she had noticed that my hair was much healthier and thicker.

-F.K

HEPATITIS C

I have having Hep-c; but I don't know if I should tell it quite yet, because I haven't finished.

There is also the question of essential oils; which I have added and am ingesting. In other words, not only can I give FrequenSea testimonial, I can later give the whole story with the 2.

My viral count in the beginning was 2,500,000 in April of 2006. Utilizing 30 different vitamin PILLS, and many target items such as flower essences, schizandra, licorice root; it came down some. But with that regimen (all the PILLS) it fluctuated for 4 months. In October (after having spent thousands of dollars on PILLS, etc, and procrastinating because I had spent soooo much money, I started FREQUENSEA. Holy moly, in just 1 month my viral count went from 757,000 down to 46,500.

Then I messed up. I ran out of FrequenSea. What a dummy!!! My body went to hell-in-a-hand basket!!! I should have gotten a 4x4 in the beginning. You see, I was going to be the proverbial "guinea pig"; and if it didn't work, I would not involve anyone else in trying what I was-- just because I was trying FREQUENSEA. I got it to other people, and dummy me ran out.

So when I got it re-established in my body, I could once again feel results, and was waiting on the next PCR test; and my wife started on FREQUENSEA. In just 1 week, she was no longer taking the blood pressure meds, our friend was off the Lexapro. E very day I was hearing of people no longer taking meds. Some of those were taking cholesterol meds, some were taking anti-depressants and what the doctors call "meds for chemical imbalance or bi-polar disorder". The list is endless with people being able to STOP TAKING PILLS for their doctor-named problems.

In November my PCR test was 46,200. I have started utilizing ForeverYoung essential oils from ForeverGreen internally with my FrequenSea. I still don't have all I need! I am chomping at the bits for my Oregano oil, Healing bath salts, Dill, Mistletoe, Green dragon, and Rainmaker. I cannot wait for what could very well be the last test. (Don't forget that the medical arena think hepatitis cannot be eradicated; but we know better).

HA! HA! HA!-WOO-HOOO!!!!!!!!!!!! I have so much energy in such a short period of time, and have learned soooooooooo much. Even the osteoarthritis is a manifestation of the liver, and my joints are improving. (Had problems early in life that started in 1989 and I'm only 53. I have reduced heavy pain meds to practically nothing, and that will be OVER in about a month (maybe less). Talk about excited.

I'll leave you for now. But just know that my story is not over. We are helping so many others. You can't beat FOREVERGREEN FREQUENSEA and FOREVERYOUNG ESSENTIAL OILS. I LOVE IT!!!!!!!!!!!!!!!!!!!!

-Phil

JOINT PAIN

I have now been on FrequenSea for seven weeks.

Two weeks ago I mentioned to Lorene I had NO HEAT in my hips joints. That's big for me! I've had so much inflammation over the years, even considering that I was faithfully taking minerals, vitamins with Mangosteen, 5000mg of ester C, 4 capsules (three times a day) of a joint-specific supplement, and calcium – all of these for

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years! And I still had heat in my hip joints – inflammation! Even with all of this, I would still end up taking three to four aspirin if we were going dancing.

Last April I stopped taking everything?! I guess I was sabotaging my health. I went to the Essential Oil Training the first weekend in August when Surprise! FreguenSea was introduced. (I hadn't known anything about it beforehand.) I think I had about 6 toasts that day, (that's about 6 ounces!) then started taking it religiously.

One oz. twice a day the first week. Now 1 tablespoon am and pm. Two weeks ago I put my hand on my hips, and I noticed I had no heat. WOW!

The real test was horse back riding for several hours this past week. Trotting up and down the mountains, my hips actually felt great! My knees ached in the morning from hanging on to the poor horse the day before, but the *Physical Thera P oil Blend* took care of that in a heart beat.

I'm feeling better than I have in years! And I'm telling everyone about FreguenSea!

-D.L

I have been taking Marine Phytoplankton for two weeks, and a few days ago while walking to my mail box I noticed that my knee was not making that "creaking" noise that it had been making for a long time. Not only was it not "creaking", it didn't hurt! (I had thought I might need a knee replacement soon). I don't usually try things that I have to drink, but Marine Phytoplankton is very pleasant. I have more energy and have lost about 5 pounds (with no exercise) since I am not as hungry. I can't help but tell people about it!

-D. B.

KIDNEYS

My boyfriend, bob has charcot's foot, poor kidney function and in august, 4 growths (tumors, cysts, whatever) were discovered on his kidney.

Blood work indicated poor kidney function necessitating an ultrasound of the kidney in mid-August, which revealed four suspicious spots on the kidney, one of which was 2" across. He was taking the OF/FS for approximately 6 weeks and was then scheduled for a CAT scan. Yesterday, he received the wonderful news - the CAT scan results showed absolutely nothing - no trace of any spots or damage. His blood work is also improving. Of course, THEY can't explain why the kidney is free of spots and his blood work improving. But we know better!

We are now going to tackle his charcot's foot and diabetes with the FS and ForeverYoungEO's essential oils. Sincerely,

-Maria

Monthly blood tests showed steadily worsening kidney function necessitating an ultrasound. The ultrasound showed 4 lesions on my right kidney. Two of them were no great cause for concern but the other two were 4 cm. across and growing. I started on the FreguenSea.

They scheduled a CT scan for me in 6 weeks. I returned for the CT scan and waited another 6 weeks for the results.

My specialist and family doctor told me there was not a single mark on my kidney. Absolutely clean.

I used to take other supplements knowing they were good for me but feeling no noticeable improvement. We only take our morning and evening shot of FreguenSea now and feel great.

-Bob M.

LUNGS

My husband has had a year of bronchitis that usually turned in to phenomena. He was building up a resistance to prescription drugs and his doctor wasn't sure how to treat him. It was getting to the point that he was missing 2-3 days of work every other month! Since starting FrequenSea all symptoms have gone! He has been drinking 2oz. for a month now. His lungs don't feel tight and breathing is much easier. He is also applying eucalyptus essential oil nightly before bed.

Thank you for such a wonderful product!

-L. J.

OBSESSIVE COMPULSIVE DISORDER

The story is about my Mum. My mother has OCD (Obsessive compulsive disorder). This disorder makes your mind think that if you do an action, or have a thought, one more time you will feel better. We think Mum has had this disorder since her teenage years. It has never been treated. When I was a child doctors prescribed Valium for her. My childhood was different from others.

She spent her life trying to cover her disorder. Then nearly 10 yrs ago at 67 she fell over and broke her arm. It was too much; she completely lost herself in her disorder. Her days are a series of events that are one string of obsessions. Food must be eaten at exactly the same time each day and the food is exactly the same every day. 8am - Weetbix. 11am - pita bread with cheese. 2pm - a banana (this must be eaten facing the front door leaning against the sink). 7pm - cornflakes (the bowl is tapped and both arms are looked at before each spoonful is taken). She washes the dishes and sink, but only the sink, there could be spider webs past the line onto the bench but it cannot be wiped. She must go back to bed after each activity, take all her clothes off and lay on her right side (during the day) and the left (at night) this is in the fetal position. All water is drunk in the bedroom. Her walk is slow and invalid like. Every 2 weeks she showers and we take her to the doctor for a Serepax prescription. She wears the same clothes every day. These clothes are never to be washed.

She was in hospital about 8 years ago for 6 months, and then the hospital asked her to leave. She would not cooperate with the doctors at all. They said she was the most stubborn patient they had ever encountered.

The other issue that has been happening over the past 10 yrs is she has been reducing the amount she eats, just by a cornflake at a time. She started with a meal at dinnertime of chicken, potato and broccoli. This disappeared about 5 yrs ago. The pita bread as it stood 5 weeks ago had one slither of cheese.

So as you can imagine she was not looking all that good. I went for a visit after I got back from America and she looked dreadful. Her skin was grayish, her cheeks were sunken, she was a skeleton and quite miserable. I spoke to her about the fact that the blue nurses were concerned about her health and that it was possible she would be taken away on a ITO (involuntary treatment order). She said she couldn't do anything about it. She was unable to swallow anything other than what she eats now. She said the symptoms she was feeling were understandable due to the lack of nutrition. I suggested we put a buzzer on her so that when she fell down from weakness she could buzz me. Then I asked if she would please try my new product Marine Phytoplankton, the kids and I were feeling very good on it and some amazing story's had been told at the conference and it just might help. "OK but no buzzer Shelley".

That was 5 weeks ago. She started taking a dose in the morning and one at night. It became another obsession. After 2 weeks her skin started to take on a normal tone, the sunken cheeks seemed less. She smiled and had become chatty. After 3 weeks she walked up 2 blocks to the car from her doctors surgery. She has taken on the organizing of the mowing. And last night she rang to order her food - Bread/eggs/yogurt and chocolate. It knocked my socks off. She said she has been eating a lot more than usual and that thoughts of food had started

about 3 nights ago when she could not stop thinking about different sorts of food she could eat. Starting she said with egg sandwiches and chocolate.

I took her up a box of chocolate straight away. Evelyn (my daughter) handed her the box and said "Happy Mother's day". Mum reached out her hand and stroked Evelyn's cheek, smiled and said thank you. That was the first time my mother has ever touched her 6yr old granddaughter. It brought tears to my eyes. Evelyn later touched her cheek on the same spot and said "Grandma looked younger today".

What can I say; Marine Phytoplankton feeds your body at a cellular level, which allows your body to heal itself.
-S. L.

PETS

Another testimony on the effects of FrequenSea on cataracts in dogs. My vet thought it was highly unlikely when I told him about the e-mail I'd gotten previously about the dog's cataracts clearing up in just 6 days. But then I got this one that you'll see below ... so I'm going to pass the info on to my vet. Just thought you'd wanna know!!!

Also, my vet tested the FrequenSea on two of my dogs and found it to be very beneficial for them. I don't think he expected that outcome. And when his wife (who is a scientist) saw that it had Frankincense in it, she got really excited about it. So, we'll wait and see! They're gonna try it.

-Mary

"I have noticed in just this short time that the boys' eyes are clear and some of the blue haze from the cataracts is going away. Also, so are some of Rocky's lipomas."

-M.D., Denver

FrequenSea with Marine Phytoplankton is making a tremendous difference in the lives of so many! Even our four-legged friends are benefiting. . . Many thanks to Lauren for sharing this note that was sent to her from her friend and client:

Hi,

Forgot to mention that the changes in Diva since getting FrequenSea for about 2 weeks are absolutely remarkable! I couldn't believe it today when walking to the chicken coop with her. She was jogging (trotting) ahead of me and actually springing....you have to realize that she has never done that before. She is running more (unheard of for her) and is definitely more playful.

I have never seen such a spring in her step - and she is about 9 years old with a long history of stiffness and back end problems. The accupressure 2 years ago definitely helped when she couldn't even walk up 4 stairs, but this is incredible. I knew you'd want to know. Her eyes are definitely clearer, not as cloudy, either.

-Bonny

PLANTS

When my FrequenSea bottle is empty, I fill it with water to rinse it out, but I pour the water into each of my three pots of African Violets at my kitchen window. When I put that little amount in the pot, they really thrive and blossom. I can tell a real difference.

-Cindy Wyckoff

My husband bought me an Orchid plant about a year and a half ago. It had blooms on it and when they were done it never bloomed again.

I started taking the FrequenSea the first part of August, using a shot glass. I noticed there was always a few drops left in the bottom of the glass. I decided to fill the shot glass up with water and pour it on my Orchid plant. I did this also with the 16 oz bottles when they were empty. I would just pour this very diluted mixture of FrequenSea on my orchid and other indoor plants. About a week later I noticed that the Orchid had a 6 inch stem sprouting. So I kept this up.

It has been about a month now and the stem is about 24 inches long and has 7 buds on it. My other plants are also beautiful. All this from just a couple of drops of the FrequenSea in the bottom of a glass.

Amazing!

-D.

SKIN

My friend has a 12-year-old daughter who has been struggling with acne. They tried everything on the market, but to no avail. As soon as the girl started on FrequenSea, however, her acne cleared up. When she ran out of FrequenSea, the acne returned. Needless to say, she won't run out of FrequenSea again!

-M.

Thought you may enjoy this testimony:

This is the 2nd time in my life that my face has swollen up (allergy to some face cream) It had been going on for the past 3 days. Yesterday morning I was told to "Go See A Dr."

Well.....NOT!

From (somewhere...yuk.yuk) a little voice said...."Put FREQUENCY on it", so I did, with a Q-tip.....three times during yesterday. Within minutes the swelling started to dissipate, inflammation decreased: This morning I woke up to NORMALITY.....(whatever that looks like) lol

No swelling.....No Redness.....Truly feeling blessed.

-LB,Canada

A friend of mine was talking about Frequensea and that this is a really good product with all kinds of health benefits. I am a massage therapist and I had developed adult onset eczema. I started taking Frequensea orally and I wiped some of the liquid on my hands to see if it would help clear up my eczema. I could see a difference over night and within 2 weeks my skin had completely cleared up. I also noticed that it takes away the itchiness that comes with eczema when I use it as a lotion. my husband is also on Frequensea and it has helped him with his joint pain.

-K.

SLEEP

I also sleep like a baby at night now and wake feeling rested. I use to get up for a few minutes and then head back to bed for a couple hours and since taking Marine Phytoplankton I stay up and feel great! Thank You Marine Phytoplankton!

-F. K.

THYROID

I'm "only" 48 years old, and have been struggling with hypothyroidism for years now. My doctor has gradually increased my dosage over the years to where I have now been at a whopping .212 mcg/day. I have been using FrequenSea since August 2005 and have noticed significant and amazing improvements in so many areas of my life (including people who literally didn't recognize me from 6 months ago) ... but the most measurable is this:

Last week I started feeling jittery and anxious, and I suddenly realized that's how I felt whenever I was on too much thyroid medicine. I made an appointment with my doctor for a blood test to check the levels. When I got there, the nurse told me I was early ... and I thought she meant I got the appointment time wrong. Then she told me I was 3 months early; the doctor didn't "need" to have my levels tested for another 3 months. I told her I had been on a nutritional supplement that has been known to normalize thyroid levels, and since I'd been feeling jittery, I felt I should have it checked. I could tell she thought I was nuts, but who cares???

Well, I got my results today, and here's how they were initially presented to me by the nurse: "Mary, we got the results back on your thyroid test, and the doctor wants you to stop taking the nutritional supplement."

I'll confess that years of indoctrination created an initial split-second reaction of "Oh, no! It's not good for me!" Then logic, reason and common sense immediately took control and I asked her for more details. She said that my thyroid number was low, indicating I'm overmedicated, and that whatever supplement I was taking was to blame (not her exact words, but the inference was there). I explained that it was not just any old supplement for thyroid, but a complete nutritional supplement ... and that I'd hoped for the results I'd just gotten! I then told her, laughingly, to tell the doctor "No, you'll have to shoot me first before I'll go off of it!" and, instead, could he reduce my dosage. She called me later and said the doctor had lowered my dose from .212 mcg to .100 mcg/day! That's less than half of what I've been taking! Yippee! The doctor wants to recheck my levels in 6-8 weeks ... I'll not be surprised at all if he tells me I no longer need thyroid meds! And you'd better believe that his office manager, with whom I have a great long-standing relationship, now has info on FrequenSea!

But that's not all ...

I was telling this story to a friend of mine who started on the FrequenSea about 2 weeks ago. She has a non-functioning thyroid due to radiation therapy she had years ago. After I told her about my lab results, she said, "That's really interesting ... I haven't been able to afford my thyroid meds (she recently lost her job), and have been out for 2 or 3 weeks. Usually by this time I'm totally wiped out. But I haven't felt that way at all ... it must be the FrequenSea!" And yes, I've been talking to her about the business opportunity!!! I love this stuff!

-Mary

My older brother started taking Marine Phytoplankton some time ago, and began telling me about it and how I should try it. I'm a total skeptic; I never give anything a chance. I figured that it was just another health fad like Melalucka or the Atkins diets. But recently I had a major crash in my thyroid gland, they have been under active for along time and I was taking 50mg of medication for quite some time. Now however, the doctors have me on 100mg and that is only in a matter of 6 months.

My girlfriend then told me I should try Marine. So I started taking two ounces a day, and a day and a half later, I actually had to go on sick leave from work due to the reaction I had. I know that it is this product working, helping my thyroid to produce on it's own, naturally. Though I had to stop taking it for a few weeks while the new shipment came in, I'm back on it on a smaller dose, and yet again my thyroid reacted to it again. I felt horrible while I was off of it, it was like my body got a taste of good health finally and then denied it all of a sudden. So I'm determined to stay on Marine Phytoplankton for a long, long time.

-C. B.

VISION

I have been using Marine Phytoplankton for 1-1/2 months now. Two weeks ago I walked out to the mailbox and got the paper and was reading it on the front porch and suddenly it dawned on me that I was not wearing my glasses! I haven't been able to read without glasses for years.

-F. K.

My boyfriend, bob, is quite a challenge - he has macular degeneration.

In April of this year, he had to have laser eye surgery to stop hemorrhaging in his right eye. Prior to the surgery he had some vision in his right eye. After the surgery, he had no vision, and described it as looking through wax paper with floating black spots in his right eye. From April to mid-August there was no improvement at all. We received the FrequenSea mid-August, the day he was leaving to drive to a job out of town, 240 miles away at night (night vision was also becoming a challenge for him). I gave him a drink before he left and he had no problem with the night vision. The next day the black floaters and the 'wax paper' film was practically gone. Within 10 days the vision in the right eye was much improved.

-Maria

Well, I have been using the product for a week now and my eye vision has cleared up. It used to be blurry & it was getting worse, so I was almost about to get my eyes checked. This is simply amazing, I have always been pretty healthy, but now I am noticing I am sleeping more soundly. Amazing product!!!

Thank you

-L. B

In April I noticed vertical lines had some aberrations in them. I arranged a visit to the optometrist for glasses. Upon examination he said my right eye was hemorrhaging badly- diabetes related- and had to be taken care of immediately.

Two hours later I was in the hospital and had 817 laser shots to the right eye and 200 shots to the left eye. It essentially left me blind in the right eye. Driving was very disconcerting as vision in the right eye was akin to looking through very heavy wax paper with black spots floating around. It was easier to shut the eye to drive.

We had just received the FrequenSea and my better half ordered me to take some. The next morning I drove 240 miles to work where I run a tackle shop and teach fly fishing. There were no black spots or the feeling of looking through heavy waxed paper. A remarkable change!

My right eye has continued to improve, although I can not read with it I can recognize objects and have peripheral vision.

I used to take other supplements knowing they were good for me but feeling no noticeable improvement. We only take our morning and evening shot of FrequenSea now and feel great.

-Bob M.

After taking Marine Phytoplankton for only 2 1/2 weeks, my mom noticed a significant change in her eyesight. For as long as I can remember, my mom has always had to wear reading glasses when working on the computer, but after starting Marine Phytoplankton she could go almost the whole workday without wearing them.
-J.

VIRUS

My daughter caught a flu bug that a friend of hers had. Her friend was very sick for well over a week. My daughter came down with the same symptoms on Sunday including a headache, pain in the eyes and a fever of 103. I gave her several doses of Frequensea throughout the day and put some selected oils on her feet. Today, Monday, she slept in, but felt well enough to go her her class at school. She's not over it completely, but she is doing so much better and even went to a movie with her dad this afternoon.

-Cindy Wyckoff

VITALITY

I have been using FrequenSea daily since the launch day in August 2005. I am 74 years old and my health has steadily improved over these past few months. I then got onto the Essential Oils in about November and have been trying many of these.

-Edgel F. Liechty

I have been feeling more spring in my step and more energy for biking, hiking and in all types of movement. I feel more power in my movements. I feel that I am able to be more disciplined when exercising and meditating and my food choices have improved. Thank you very much,

-T. P.

Life Changing Experiences

The following stories are a more extensive look into the success of bodies healing when edified with the energy and nutrients in FrequenSea. The changes experienced in the following stories were so extensive, we couldn't limit them to just one category.

I started taking FrequenSea with Marine phytoplankton exactly two weeks ago and I cannot believe what it has done for me in such a short time!

My Chron's Disease which was active for the last thirty years is finally in remission after only four days on the phytoplankton it is so nice to be (normal) once again!! I had forgotten.

My almost hourly "hot flashes" are gone, pain from Fibromyalgia and Arthritis has practically disappeared, my right shoulder was so bad that it used to snap whenever I lifted it above shoulder level or back and forth, my doctor told me that I had bone rubbing on bone. Since the first seven days on the product I can swing my arm in any direction I want with no pain and no snapping!

I had Psoriasis on both my elbows and that disappeared in my first week on the phytoplankton, I have lost 2" off my hips, 3" off my waist and 8 lbs in two weeks. I have gone off Zoloff since day one of taking FrequenSea and

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had no side effects, I feel so well that I do not feel that I need an antidepressant and I have so much energy that I am like a live wire.

Thank God that Tom Harper had the instinct to put his finger into that vat of Marine Phytoplankton, the world's greatest inventions are usually stumbled upon. "Were the diver to think on the jaws of the shark, he would never lay hands on the precious pearl."

-Saadi

Hello All~

In 'cleaning out' my files tonight, I came across this recent recording and listened to it again. I was humbled and blown away all at the same time as I heard a grateful mother share her story about the recovery of her little daughter - who for all intents and purposes drowned in 2004 . . . she was told that her daughter would be a vegetable. Her daughter's miraculous recovery over the last year has been powerfully impacted by adding in FrequenSea.

-Bob

Click on this link, and listen to 15 minutes of this call and hear the story for yourself:

<http://www.byoaudio.com/play/WMXBZ0Ds>

Then ask yourself, who do you know that deserves to hear about FrequenSea . . .

Many thanks to Bob for sharing this amazing story!

I have been giving my children FrequenSea since last August when it was introduced. Overall my children's health has been much better. Any flu/cold bugs going around, they usually don't get. When they have felt under the weather, I've given them an extra dose and they have been better by the end of the day or the next morning. It seems to settle their stomachs when feeling nauseated.

Specifically, my daughter's eczema has cleared up and her allergies haven't appeared yet this spring, even when the grass has been cut. My son's has not needed to refill his Allegra prescription, and we are well into pollen season. My diabetic son's blood sugars are more stable when he is consistently taking FrequenSea.

Of course I use many of the Essential Oils for challenges as well, but overall they are all much healthier. Their immune systems are able to ward off most "bugs" they are exposed to.

-Carol

I had back surgery in 1979 and 1982. I spent a year in bed trying to get rid of the inflammation, which didn't work so I have spent the last 25 years on painkillers and anti inflammatories. I also have high blood pressure, GERD, Fibromyalgia, Pan Sinusitis (operated on in 2005) and heel spurs, and of course a weight problem. I am a walking talking piece of art.

I started taking Marine Phytoplankton two weeks before Easter. I started with a bang! 1 oz. in the morning and 1 oz. at night, with the idea that if it works - great! (I really didn't expect that it would). I would give it a valiant effort and take one case. If there were no changes, then I wasn't buying anymore.

This Easter I had 16 people over for dinner. We left on that Wed. for Fairmont for 4 days and on the next Friday I drove to Red Deer for a three-day convention. I usually do the family gatherings here at home as I am always on painkillers and anti inflammatories. Surprise, I didn't need any and my leg didn't burn!

While I was in Fairmont we sat around and ate and ate, and then went to the convention and sat for hours and hours and ate way too much the rest of the time. Normally I don't sit well, I'm usually the one in the back pacing

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back and forth, but not this time.

After all this eating for two weeks, I thought if I only put on 5-7 pounds that I would be laughing. I actually lost weight! That is unbelievable for me!

I have lost weight every single week since I started taking Marine Phytoplankton (now affectionately know as Mom's "joy juice"). I have more energy, the Fibromyalgia is almost non-existent, and my blood pressure pills and my Losec for the GERD have been cut in half. My feet don't bother me, and my specialist who did my surgery for the pan sinusitis said to keep taking my steroids or I will be back in for another surgery, guaranteed - but it all looks great! Little does he know that I haven't taken the steroids at all.

My family doctor wants me to take the Marine Phytoplankton at the 2 oz. per day for three months and then see her. She had noticed that I had lost weight, moved better, and looked better (lack of pain will do that for you). She is very interested in Marine Phytoplankton.

My only pain now is sore cheeks from smiling, and I am constantly saying I can't believe that I don't have any pain - it's awesome!

UPDATE: I fell on a sidewalk and badly sprained my foot this past weekend. The doctor said I would be on crutches for 2 weeks. It really didn't hurt that much, but I did the crutch thing for 2 days. I was bored at the lake (no TV), so I read... without my glasses, as I hadn't taken them with me. I came home and am still reading without my reading glasses. I didn't realize that my eyesight had improved. Here is another toast to Marine Phytoplankton!

-D. K.

Because I already had headaches and heart burn routinely, it was a few servings before I noticed Marine Phytoplankton seemed to 'give' me headaches and heartburn! However, these symptoms diminished after a few weeks. I also noticed that I became extremely sleepy after taking my half ounce or so daily. Why I wondered?

Well, eating poorly, craving unhealthy fast foods and polluted carbs along with a life long coffee addiction had left me in a poor acidic state of health. For years I had kept way too busy to notice the accumulative effects of working nights, sleeping poorly during the day and 'burning the candle at both ends'. NOW, knowing about "Herring's Law", I get the picture!

I figure that given the right tools, my body began to heal itself (and I was feeling it). It makes sense that an amazing product would make me listen to my body's need for sleep, pH balance and diet changes. Using Marine Phytoplankton for about a year now, I no longer crave the terrible diet I had before! Headaches, heartburn and recently, even working nights are all things of the past! I feel much more energetic.

My biggest challenge is to NOT do so much. "Save some for tomorrow" is my new motto. I found that the best nutrition leads to better balance and creates a better life, so I start each day with my Marine Phytoplankton!

Yours in Health,

-T. L.

When my husband started to take this amazing product and I saw he was feeling better with his cancer, I thought I should try it also.

Over the years I wasn't kind to my body and ran a gamut of health issues. Friends and co-workers told me that if I had been a car they would have to crush me.

1. Car Accident - 1997 - someone ran into the back of me as I, along with another car, had stopped for a transit bus. I was pushed into the back end of the car ahead of me and sustained injuries to a total of 5 vertebrae in my upper and lower back. I was on mega doses of pain meds and ended up taking Zoloff 100mgs per day for depression.

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2. Reflux - Put on Pantoloc 40 mgs per day because of the stresses of my depression and the meds I was on.
3. Mini-Stroke I had 2 of them in 2003 and now I take Aggrenox 25 mgs twice a day.
4. Obesity - Have been severely overweight since 1998, Tried every kind of diet known to man since.
5. Cholesterol - very high; taking a statin Lipitor 40 mgs per day.
6. High Blood Pressure Hard to control without Ramapril 20 mgs per day.
7. Type 1 Diabetes - Controlled by eating better.
8. Broke Tibia Plateau - actually had major work to repair damage from a fall in June 2004. On bed rest for months and the pain was terrible. I had to have the screws taken out this January as they were trying to come through my skin.

I started taking 2 ounces per day in December but had to quit so my husband would have enough to last until the New year. I made a decision to forgo buying my Lipitor and Ramapril so we could afford more Marine Phytoplankton.

I have noticed a substantial weight loss of about 25 pounds, the pain in my neck, back and leg was not unbearable. Now I have energy, my tongue has cleared of the horrid dirty yellow coating.

I went to a Doctor for a total check up before my surgery the end of January because they had to know if it was safe for me to be put out or not. I have never had a doctor tell me that I was a very healthy person and that every test came back normal. I also noticed that I didn't need pain meds after I got home the day of my surgery and the healing process was amazing.

Please everyone do your body a favor and take this amazing Marine Phytoplankton even if you are healthy now because as the years go by your body will start to slowly fall apart. Those of you who already have health issues GET ON THIS!! It tastes great and is the easiest fully loaded whole food product we have ever taken. Give it a good try of at least 3 or 4 months and see the difference. "HERE'S TO MY HEALTH AND YOURS"!!

-M. L. F.

I have been taking Marine Phytoplankton for almost two weeks now and have found that my arthritis pain has disappeared.

I had psoriasis for many years in a scar on my forehead and it also ran up into my hair from that spot, that is gone!! I can't believe it. Doctors tried everything for years to get rid of that psoriasis and nothing worked.

My feet used to be so sore everyday, my wife would have to massage them with cream so that I could fall asleep, now my feet don't hurt.

Finally, every morning as the sun came into the bedroom my eyes used to hurt so badly that I had to close the blinds. It felt as though I had needles going into my eyes as soon as the sun hit them. My eyes are fine now no more sensitivity to the sun!!!

-W. E.

I am so thrilled to be sharing this testimony with everyone. A little over three and one half years ago I had three major surgeries in less than three years. Two were back surgeries, and one was for Cancer. Recovery was long and hard. The doctor told me not to put myself in one of those motorized chairs to get around. I was shocked! I had never even thought about that being a possibility. I thought he was going to make me well and here he was talking like I was as good as I was going to get.

I was devastated! I thought he would be telling me how soon I would be well, and he was offering me no hope of a full recovery. I told him I intended on getting back to my old self, no pain and no health problems. He then proceeded to tell me I was being too optimistic. How could that be? Is he not suppose to be telling me how to get better? They put me on Mobic and Bextra for pain and sent me home. Then each appointment from that point on they found something new.

First it was low blood pressure. They put me on medicine for that. Then there was something with a heart valve, then high blood pressure, then an ear infection that ruptured an ear drum. I was told because of my age, it would probably never clear up. When you get older the antibiotics no longer work as well, or so I was told. So he wrote me a prescription with refills for one year, and sent me home. During this time I proceeded to put on weight. I was depressed and I had begun to think he was right, maybe I am too optimistic.

Next came the high liver enzyme, then the high Cholesterol, then the high Triglycerides, then the high fasting glucose. I began to wonder if this train was ever going to come to a stop. There was a point in this journey I was beginning to wonder if I would see 50. I am a fighter and I realized early on, I was in a fight for my life. I knew the doctors would never fight as hard for me as I would fight for myself. I knew myself better than they could ever know me. It had become time for me to take over my own care.

I read, and read, and read, and prayed, and prayed, and prayed. My first answer came in a doctor that helped me in my recovery. First he gave me hope. Then he explained to me what was happening as I was aging, he explained to me about prediabetes. He told me I could stop this. At this point without medication.

Then I started learning about detoxing, and nutrition, and fasting, and rebuilding. I was looking for the best products to help me achieve this, and those arrived in ForeverGreen. I knew it when I first read about FrequenSea. I signed up right away! I didn't even know anyone with ForeverGreen! I signed up over the Internet. Some might call it blind faith, I call it educated. It just answered everything I had been learning. I knew it was right.

That was in May, 2006. I started on FrequenSea right away. My husband and I both knew right away that FrequenSea was an amazing product and we were really looking forward to the benefits. At this point I didn't even know about the Essential oils. I didn't even know what they were or what they could do. My husband and I started on the liver cleanse on June the 9Th, 2006, and I started using all of the other oils at this time.

I started to feel certain things change, and everyday I had new things happen that gave me hope they were working. I have to say hope, because at this point I had no proof, but the way I felt. At this point some might argue that this was just wishful thinking, but my heart told me different. With what I had heard through the recordings it would take 4 months for my liver to rebuild. (Something my 1st doctor had never even told me was possible.) Then the other organs will start to repair.

Well I just had my new blood test and I am so excited!!! October was the forth month on the liver cleanse, and five on the FrequenSea. Everything is not completely back to normal, but everything is headed in that direction. Remember the liver has to rebuild first, then everything else will follow.

With that in mind let's get started. All of my liver function is normal, my ALT was 58, now it is 16. (Showing my liver is totally repaired.) My fasting glucose was 110 it is now 100. My Triglycerides were 385, they are now 179. My Cholesterol was 344 it is now 306. My LDL the good Cholesterol went from 32 to 38. My ratio went from 10.8 to 8.1. My doctor was very impressed. He even wrote at the top of my report "IMPROVEMENT WITHOUT MEDICATION."

Now that the liver is repaired I can't wait for the other numbers to reach normal. If there is anyone who does not understand the significance of these results without medication, ask Dana, or someone who knows. I will let you all know how things are going as I move closer to normal. Sending Blessings of good health to all of you! Thank you ForeverGreen!!!

-Terry Denner

I have been using Frequensea about 6 months now. After a couple of months I really noticed some huge benefits for myself as far as more sustained calm energy and better sleep during an extremely stressful time as well as normalizing my metabolism. I started to put my patients on FrequenSea. My reasons for doing this were three fold:

Disclaimer: The experiences shared herein are that of the writer and are intended for informational purposes only. The statements contained herein have not been evaluated nor approved by the Food and Drug Administration. Any advice and/or product(s) mentioned should not be used to diagnosis, treat, cure or prevent any disease. Always consult your healthcare professional if you are currently taking medication, pregnant, trying to get pregnant, nursing, or if you have any other health condition, before taking any products mentioned or applying any information contained herein.

First I know that the body works and heals at its best when it is nourished optimally. Many of the patients I see are too sick to tinker with supplements and need readily available liquid whole food that the body can absorb right away.

Secondly, as I treat a lot of chronic pain and post traumatic stress with the Bowen Technique, which is a physical technique that allows the body to reestablish its proper alignment and break the trauma cycles, FrequenSea helps the body rid itself of the toxic debris that has accumulated over time.

Thirdly, as I practice classical homeopathy, in which it is crucial to assess the healing mechanism and direction of cure of the body, I prefer not to use anything else to support the body other than whole food and with FrequenSea, I feel assured their bodies are getting the substrate necessary to heal. FrequenSea is making a huge difference for many of my patients and my own family. I would not hesitate to recommend it as a daily regime.

Dr. Manon Bolliger, ND

There are many claims for FrequenSea, but I can only say what FrequenSea has done for me, and my husband Cy.

After two auto accidents I was given only a 50% chance of walking if I had surgery (just not good enough odds). For 25 years I was in constant pain, sleep was fitful and I was always exhausted. Doctors would only prescribe pain medications and physical therapy. Allergies to pain meds developed, deductible costs were huge, and our marriage was suffering. I pushed myself to stay active and work. But my body finally reached the point of shutting down without warning when it could no longer tolerate the pain. Our children still tease me about the day they found me out cold--with the taco I was biting into still in my mouth. I became afraid to drive more than a few miles from home. So I learned to use essential oils, which brought the pain down enough that I could at least function again.

Then my sister needed a kidney transplant and was on dialysis. I was a match, but when we went for me to donate, the final tests found **my** kidneys were failing. We learned that a high protein fad diet was the cause. Her need actually saved my life.

Shortly after we returned home, we learned Cy had bladder cancer. He was lucky in that his surgeon believed in mega-doses of vitamins and probiotics. Cy endured four surgeries, plus live TB virus treatments. He didn't want to die but grew tired of all the pills, potions, and promises.

So we turned to Brain Garden whole foods. A year later my kidney specialist asked what I had done because my kidney function had returned to 97%, and he released me from care. And Cy's surgeon told him, "Keep doing whatever you are."

September 2005 I had chemical burns to my arms and face. My doctor used a new cold laser to help heal the underlying tissue, but I was left with a "permanent sunburn" scar over my face. With infection danger, I couldn't go for water therapy, and back and hip pain returned. Several months later the delicate facial blood vessels began rupturing from the burn damage.

Our first shipment of FrequenSea arrived February 6, 2006. After I downed my first dose I felt a "zing" go through me, and then a burst of energy. It was as if my whole body said, "**WOW!**" So I increased to 1-ounce morning and night. After my third day on FrequenSea, my back pain was **gone** -- 25 years of pain gone!!!

So a few days later I figured I had nothing to lose and began applying FrequenSea to my face twice daily. Three weeks later the rupturing veins began to heal. Then the burn scars faded. Today the scars are invisible, thanks to FrequenSea and SecreSea.

I could probably skip my water therapy classes, except they're fun and I can use the exercise. I finally sleep soundly. Waking refreshed and walking with bounce in my step is such a blessing!

To say Cy was skeptical was putting it lightly, but he agreed to try FrequenSea. He kept saying that he didn't feel any difference, until the fifth week when he suddenly realized his long-standing shoulder pain was gone. BUT, then the most amazing thing happened during his July cancer check. The surgeon said Cy's bladder was exceptionally clean and asked, "**What** did you do for such improvement?"

We handed him a bottle of FrequenSea, and Cy said, "The only thing I did different was to take this." The surgeon studied the FrequenSea label and information we gave him. Then he returned and told Cy he could quit the massive mega-vitamin regime -- because -- **everything Cy needed to fight the cancer was in that FrequenSea bottle.**

Cy came home and doubled his daily FrequenSea dose. He's 73, healthy, and still driving an 18-wheeler.

Many thanks to Tom Harper and ForeverGreen -- FrequenSea will be a part of our lives forever.

~~Marie Rademacher

P.S. - The FrequenSea formula seems to go to the areas of the body's most critical needs. No wonder Tom Harper looked so hard to find a caring company that puts helping people first to assign the rights to (rather than a drug manufacturer).

We already have the perfect way to bring major health costs down -- and yes, the drug companies will fight it. France and other countries favor alternative medicine. It may not be in our lifetime, but I'd love to see our government realize that FrequenSea is less expensive than drugs and hospital and nursing home bills -- and allow health insurance and Medicare to cover it for people. To me, it's better, and cheaper than the years of pain and all the other expense we went through. Here's to everyone's good health!!!